



THERAPEUTIC USE EXEMPTION COMMITTEE (TUEC)

Introduction

The SNOC Anti-doping in Sports Commission has established an independent Therapeutic Use Exemption Committee (TUEC) which will consider applications for Therapeutic Use Exemptions according to the requirements of the WADA International Standard for Therapeutic Use Exemptions. This process is provided for within the SNOC Anti-Doping in sports policy.

The committee consists of doctors in sports medicine and various medical fields, and has the power to co-opt and will consult with specialists in relevant fields as appropriate.

TUEC's Core Evaluation Criteria

The three core criteria which must be applied by the TUE can be summarised as follows:

1. There would be a significant impairment of health without the substance.
2. There would be no performance enhancement beyond that which might be anticipated with a return to normal health.
3. There is no reasonable permitted therapeutic alternative.

Other criteria and restrictions also apply.

Application Process

Applicants must consult the full Therapeutic Use Exemption Standard (as part of WADA Code) to ensure that all requirements are understood.

Athletes wishing to notify use of a permitted beta 2 agonist and corticosteroid inhalers would require an Abbreviated Therapeutic Use Exemption (ATUE).

Conditions relating to applications for exemption are as follows:

1. All applications will be considered according to the requirements of the WADA TUE Standard. Details of exemptions granted will be provided to WADA and other necessary organisations as per the Code.
2. In the case of "International Level" athletes (as determined by the International Federation) application must be made to the IF. In the case of other athletes, application must be made to the SNOC Anti-Doping in Sport Commission.



3. Applications must be submitted on the correct form and signed by the appropriate medical practitioner(s).
4. An application should be submitted so that the TUEC is given the maximum amount of time possible to give it proper consideration. Normally 21 days will be the minimum. The TUEC will endeavour to process applications which might be considered urgent as quickly as possible but cannot guarantee to meet any deadlines set by the competitor.
5. Applicants must supply all the supporting documentation, including any medical test results and/or specialist opinions, deemed necessary by the TUEC. This is at the cost of the applicant.
6. All normal costs associated with reviewing the application and reaching a decision shall be borne by the TUEC, however, where exceptional costs prove to be necessary they will be charged to the applicant. (This will be discussed with the applicant prior to any costs being incurred.)
7. No TUE shall be in effect until the relevant committee has notified the applicant of a positive outcome in writing.



ABBREVIATED THERAPEUTIC USE EXEMPTION (ATUE) 6 Steps for Athletes

1. **Check the Status of the Medication** you intend to use with your doctor, or with the current prohibited list found on the WADA website (www.wada-ama.org)
2. If your medication contains a substance that requires an ATUE*, **obtain the ATUE form** from the relevant authority. For international level athletes, this may be from your International Federation (eg. From their website). For others, this can be from either your NSA office, or the SNOC office. (Your NSA should be able to advise you whether you are in the international federation's testing pool)
3. **Get your doctor to complete and sign the ATUE form.**
4. **Submit the completed ATUE form to your NSA** who should then forward it to the relevant authority (either the IF or the SNOC)
5. **Your ATUE form is automatically approved once it is received by the NSA.**
6. In most cases, the ATUE is valid for 12 months, however, you should check how long your ATUE is valid for with your association

* *As of July 2005, ATUE is required only for inhaled beta-2-agonists (eg. Ventolin inhaler), and Corticosteroids by non-systemic routes (eg. Inhaled or injected corticosteroids, eyedrops containing corticosteroids). Please check WADA website for updates.*



THERAPEUTIC USE EXEMPTION (TUE) 7 Steps for Athletes

- 1. Check the Status of the Medication** you intend to use with your doctor, or with the current prohibited list found on the WADA website (www.wada-ama.org).
- If your medication contains a substance that requires an TUE, **obtain the TUE form** from the relevant authority. For international level athletes, this may be from your International Federation (eg. From their website). For others, this can be from either your NSA office, or the SNOC office. (Your NSA should be able to advise you whether you are in the international federation's testing pool).
- Talk to your doctor to see if there is **any alternative permitted medication** you can use instead of the prohibited one.
- If there is NO alternative permitted medication, Get your doctor (who should preferably be a specialist in the relevant field) to complete and sign the TUE form.** Supporting medical evidence (eg. Lab test results) must also be attached.
- Submit the completed TUE form to the relevant authority.** For athletes in the International Federation's testing pool, your TUE form should be submitted to your International Federation. For other athletes, your form should be submitted to the SNOC Anti-doping in Sports Commission. **A copy should also be given to your NSA.**
- Your TUE application will then be evaluated** by the relevant organization. This may take up to one month in certain cases. In the meantime, the TUE is NOT in effect yet.
- The relevant body will communicate with you and your NSA** to inform you of the outcome of the application, including the period of validity of the TUE, if approved.